

Finding Love Again: 6 Simple Steps to a New and Happy Relationship

Terri L. Orbuch



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Based on a groundbreaking 25-year study of marriage, divorce, and new love-finding the right one just became 100% possible. Whether you're divorced or separated, out of a long-term relationship, or newly dating after a long break, Finding Love Again will help you prepare for a healthy and fulfilling new relationship. Brimming with stunning original findings, first-person stories, and eye-opening advice, Finding Love Again shows you simple, practical strategies that have been shown time and again to help singles find someone special. Dr. Terri L. Orbuch, renowned relationship expert and director of a pioneering relationship study, shows you:

• Eight relationship myths that are sabotaging your love life.

• Why singles who have little or no contact with an ex's family find love at significantly higher rates than singles who keep in close contact with their ex-in-laws.

• How singles who make one change to their daily routine-and stick with it for at least 21 days-are twice as likely to find new love.

• Why the happiest couples in new relationships are the ones who don't share bank accounts.

Finding Love Again shows proven strategies that can help anyone find love again.

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