



In Praise of Ageing

Patricia Edgar

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Retirement is not the time to cut all ties and head off to live in a warm climate but rather to ask: Who do I want to be near? How will my relationships be reaffirmed? What do I care about? What can I create and contribute to the world?

Meet Jim Brierley, who was still jumping out of planes aged eighty-eight. And Muriel Crabtree, whose exhibition of pastels was opened by the governor-general shortly after Crabtree died aged 102.

Australians are staying healthy and living longer than ever before. Yet rather than focusing on the productive, rich, varied lives older people lead we dwell on the burden of ageing. *In Praise of Ageing* tells the stories of eight people who have lived well into their nineties and beyond. These people will inspire you, entertain you and motivate you to be connected, interested, risk-taking and inventive. They will challenge your preconceptions. And they will convince you that fifty is now the start of the second half of life and not the beginning of the end.

Patricia Edgar's *In Praise of Ageing* is timely and groundbreaking in its desire to reshape our thinking.

Patricia Edgar is a sociologist, educator, film and television producer, writer, researcher, and policy analyst. Through a career spanning four decades she has been at the forefront of media for children nationally and internationally, winning multiple awards for her achievements and programs. In this book she turns her attention to ageing policy in Australia.

'Patricia is a sort of centurion in her abilities to kick down doors and push walls over...she gets things done.'
Phillip Adams

'With her characteristic passion, Patricia Edgar has exploded the myth that an ageing population is unrelieved bad news for our social and economic future. This book is bursting with intellectual energy: if Edgar's rational arguments don't convince you, her human stories will.' Hugh Mackay

'Patricia Edgar brilliantly portrays the challenges and, more importantly, the manifold joys of growing older. She dissects the biased and inaccurate attitudes which prevent society from gaining maximum value out of its senior citizens. She highlights the experience, perspective, integrity and wisdom of our elders and introduces us to eight individuals enjoying fulfilling lives towards the end of their journeys - independent, interesting and inspirational people, examples to be emulated. This book is a "must read" for every thinking Australian.' Sir Gus Nossal

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Gracie Davis:

Nowadays reading books be than want or need but also get a life style. This reading practice give you lot of advantages. The advantages you got of course the knowledge your information inside the book which improve your knowledge and information. The data you get based on what kind of publication you read, if you want drive more knowledge just go with education and learning books but if you want sense happy read one along with theme for entertaining like comic or novel. Typically the In Praise of Ageing is kind of guide which is giving the reader unstable experience.

Mamie Shaw:

Information is provisions for folks to get better life, information today can get by anyone on everywhere. The information can be a information or any news even a concern. What people must be consider if those information which is inside former life are hard to be find than now's taking seriously which one works to believe or which one the actual resource are convinced. If you receive the unstable resource then you buy it as your main information it will have huge disadvantage for you. All those possibilities will not happen throughout you if you take In Praise of Ageing as your daily resource information.

Clarence Nelson:

Reading can called head hangout, why? Because when you find yourself reading a book specially book entitled In Praise of Ageing your brain will drift away trough every dimension, wandering in every aspect that maybe not known for but surely can be your mind friends. Imaging every single word written in a reserve then become one form conclusion and explanation which maybe you never get ahead of. The In Praise of Ageing giving you one more experience more than blown away your head but also giving you useful facts for your better life in this particular era. So now let us present to you the relaxing pattern here is your body and mind will probably be pleased when you are finished looking at it, like winning a. Do you want to try this extraordinary spending spare time activity?

Richard Lawrence:

As we know that book is very important thing to add our knowledge for everything. By a book we can know everything we really wish for. A book is a set of written, printed, illustrated or perhaps blank sheet. Every year ended up being exactly added. This reserve In Praise of Ageing was filled concerning science. Spend your time to add your knowledge about your scientific research competence. Some people has diverse feel when they reading the book. If you know how big advantage of a book, you can feel enjoy to read a book. In the modern era like right now, many ways to get book that you just wanted.

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