

## Flip It: How to get the best out of everything

Michael Heppell



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## There's a simple way of thinking, acting and doing that, once learned, will make sure you get the very best out of everything.

This book challenges you to get curious about how you interpret and handle every situation. It liberates you from the beliefs that have been holding you back and gives you powerfully simple ways to switch your thinking and change your actions so that you can get the very best from whatever life sends your way. With the new, revised edition of this bestselling book, you'll discover how to make sure you never have a 'bad day' ever again.

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