

### If I Get to Five: What Children Can Teach Us About Courage and Character (Living Planet Book)

Fred Epstein, Josh Horwitz



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## "This book is a testament to the extraordinary depth, powers, and resiliency of children's spirits." ?Marion Wright Edelman, president, Children's Defense Fund

If *I Get to Five* is a one-of-a-kind book by a one-of-a-kind human being. The medical world knows him as Fred Epstein, M.D., the neurosurgeon who pioneered life-saving procedures for previously inoperable tumors in children. His patients and their families know him simply as Dr. Fred, the "miracle man" who has extended them both a healing hand and open heart.

Throughout his career Epstein's young patients have been his most important teachers and trusted guides. They are children who?often by sheer force of will?have refused to relinquish life and all its gifts. In this inspiring book, these children teach us the lessons we all need to learn in order to live life to the fullest?lessons about seizing the moment and facing our deepest fears, about embracing the joy and wonder of everyday life. Most of all, they teach lessons about uncommon courage?the courage to do what's hardest, to believe in what we don't understand, to love without boundaries.

*If I Get to Five* takes us inside a world unlike any other, from the high-stakes, high-tech operating room where life and death are separated by a heartbeat to the sickrooms and recovery rooms where parents discover the limits and power of their faith. But most compelling of all is the journey inside the hearts, minds, and souls of the wisest children you will ever encounter.

No one who reads this remarkable book will ever look at children?or adversity?in the same way.

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#### **Shannon Blackshear:**

The actual book If I Get to Five: What Children Can Teach Us About Courage and Character (Living Planet Book) has a lot info on it. So when you check out this book you can get a lot of benefit. The book was written by the very famous author. This articles author makes some research just before write this book. This kind of book very easy to read you can obtain the point easily after reading this book.

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