



It Must Have Been Moonglow: Reflections on the First Years of Widowhood

Phyllis Greene

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In December 1998, after fifty-six years of marriage, Phyllis Greene went from being part of the lifelong unit of "Phyllis and Bob" to being just plain Phyllis.

To deal with her feelings, she began keeping a journal. Unable to find books with a personal perspective on widowhood, she realized her own reflections could speak to the thousands of women like her, each one with very different yet very similar day-to-day experiences. **It Must Have Been Moonglow** chronicles the emotional roller coaster of her first years alone in a collection of brief essays, like diary entries, that capture the sadness, the humor, and the triumphs all widows encounter.

She writes about the challenges presented by a quiet, empty house and how best to fill the hours. "Your heart may feel like stone, but your mind needs to keep going," she says. With wit and insight, she muses about the logistics of an evening out with a group of single, older women, none of whom drive very well; about handling the check when going to dinner with a couple; about marketing for one; and about the miracle of friendships on the Internet and the blessings of family.

It Must Have Been Moonglow is an intimate, candid, and engaging memoir, not about grief but about inspiration and strength.

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