



# The Infertility Companion for Catholics: Spiritual and Practical Support for Couples

*Angelique Ruhi-López, Carmen Santamaría*

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One in every six United States couples experiences infertility but Catholic couples face additional confusion, worry, and frustration as they explore the medical options available to them. Filling a major void in Catholic resources, *The Infertility Companion for Catholics* describes the Church's teaching on reproductive technologies and provides a rich spiritual perspective on the emotions and faith involved in embracing the cross of infertility. The authors both experienced periods of being unable to conceive and they walk in solidarity with readers, compassionately coaching them through the challenging landscape of infertility.

Includes a variety of spiritual resources: prayers, devotions, wisdom of the saints

Chapter designed for friends and family of infertile couples, with tips on how to relate to the couple with compassion and sensitivity

Appendixes include suggested further reading, reference materials, Catholic documents, and Catholic blogs about infertility

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