



The Omnivore's Dilemma: Young Readers Edition

Michael Pollan

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The Omnivore's Dilemma: Young Readers Edition

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The Omnivore's Dilemma: Young Readers Edition Michael Pollan The New York Times bestseller that's changing America's diet is now perfect for younger readers

"What's for dinner?" seemed like a simple question—until journalist and supermarket detective Michael Pollan delved behind the scenes. From fast food and big organic to small farms and old-fashioned hunting and gathering, this young readers' adaptation of Pollan's famous food-chain exploration encourages kids to consider the personal and global health implications of their food choices.

In a smart, compelling format with updated facts, plenty of photos, graphs, and visuals, as well as a new afterword and backmatter, The Omnivore's Dilemma serves up a bold message to the generation that needs it most: It's time to take charge of our national eating habits—and it starts with you.



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