



The Science and Pseudoscience of Children's Mental Health: Cutting Edge Research and Treatment: Cutting Edge Research and Treatment (Childhood in America)

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This book explains how studies in brain development and epigenetics—the inextricable interplay of genes and environments—have led to breakthroughs in the understanding of children's psychological disturbances and serve to discredit the scientifically unsupported "chemical imbalance theory" of mental illness.

- Presents a new paradigm for understanding the cause and treatment of children's psychological disturbances based in cutting edge research on the developing brain and epigenetics
- Addresses the latest groundbreaking research on the treatment of concussion syndromes as well as on the cause and treatment of autism spectrum disorders
- Offers strategies that promote healthy brain development and protect against childhood psychological disturbances
- Explains how 21st-century parents' excessive use of cell phones and other mobile devices undermines the quality of attachment and places children at risk for compromised brain development and psychological disturbance

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