



# Food: A Celebration of One of the Four Basic Guilt Groups

*Cathy Guisewite*

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"I guess if anything I've ever written could cause them to one day remove the fluorescent lights from the swimwear department, then I've lived a full life." --Cathy Guisewite in Biography magazine

*Cathy* is like a longtime friend who shares the same fears and frustrations as most women: the frightening sight of too-tight swimsuits in a dressing room mirror, the relentless call of the refrigerator, and men who are never quite right.

This gift book is based on one of Cathy's most popular subjects: Food. Cathy is a cartoon soul mate, who stresses over the four basic guilt groups. Readers will find comfort, solace, and lots of laughs.

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