



# Tibetan Buddhist Altars: A Pop-Up Gallery of Traditional Art and Wisdom

*Tad Wise, Robert Beers, David A. Carter*

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**Tibetan Buddhist Altars: A Pop-Up Gallery of Traditional Art and Wisdom** Tad Wise, Robert Beers, David A. Carter

This gallery of art and wisdom offers unique, multidimensional meditation. Traditionally, meditation on Tibetan Buddhist deities allows the practitioner to assimilate their divine qualities. *Tibetan Buddhist Altars: A Pop-Up Gallery of Traditional Art and Wisdom* offers a novel approach to inspire meditation: the pop-up altar. This colorful collection of three-dimensional renderings of traditional thangka paintings features five important deities presented in stunning pop-up scenes, paired with appropriate mantras and brief histories. This portable shrine contains altars that venerate five distinct key figures: Shakyamuni Buddha inspires morality and reflection, Padmapani Avalokiteshvara teaches compassion, Green Tara protects from fear and brings longevity, Manjushri inspires knowledge and wisdom, and the Medicine Buddha alleviates affliction and suffering. Both practical and whimsical, this one-of-a-kind gift book is sure to be a hit with both followers of Buddhism and lovers of art alike.

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