



## Drugs And Sports (Library in a Book)

*Fred C. Pampel*

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Although media headlines associate performance-enhancing drug use with high-profile professional athletes, this problem affects all segments of society. Scandals have publicized a problem that even extends to young boys and girls who attempt to mimic their athletic heroes or use drugs as a way to achieve what they believe is an athletic physique - often causing extensive damage to their physical and emotional health. Many amateur athletes and Olympians have also relied on illegal performance-enhancing drugs in the past, and now their careers are characterized by questions and controversy surrounding their personal or professional ethics. "Drugs and Sports" provides an overview of the history of this topic, as well as the opinions surrounding it. From the performance-enhancement methods of ancient Greeks to the recent accusations of drug use among high-profile professional athletes, this illuminating volume puts this timely issue in context. Contemporary case studies provide multiple perspectives and decisions surrounding this issue while also plotting a course for how drug use in sports will change with advances in technology.

"Drugs and Sports" addresses all sides of this issue, making this the perfect reference for students, teachers, librarians, medical personnel, activists, policymakers, and general readers interested in this topic.

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