



# Enhancing Intimacy in Marriage: A Clinician's Guide

*Dennis A. Bagarozzi*

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## **Enhancing Intimacy in Marriage: A Clinician's Guide** Dennis A. Bagarozzi

Most people believe that intimacy is a unitary construct—that is, that it is made up of only one component. Dr. Bagarozzi demonstrates how intimacy is comprised of at least nine separate subcomponents. The degree to which partners can meet the intimacy needs of their mates in all nine areas is critical to marital satisfaction. Building upon the foundations of the author's Enhancing Intimacy Program, which he developed and utilized in his own practice with clients, *Enhancing Intimacy in Marriage* explores the ways in which intimacy is demonstrated and communicated between married partners. A simple questionnaire, the Intimacy Needs Survey, is used to help couples identify areas of satisfaction and areas where intimacy needs are not being met. Clinical strategies for helping couples improve their intimacy are presented in case examples. This book is unique in that it offers clinicians a step-by-step approach for both assessment and intervention

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