



# **Making Prayer Real: Leading Jewish Spiritual Voices on Why Prayer Is Difficult and What to Do about It**

*Rabbi Mike Comins*

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Fresh, Useful Perspectives on the Spiritual Dynamics of Prayer

“Better music, better sermons and better prayer books can only go so far. Many innovations have been tried around the world, and no doubt, synagogue leadership will continue to think creatively about improving services. But deep and lasting change will only come when each of us takes ownership and responsibility for what only we can really guide—our inner lives.”

—from the Preface

Join over fifty Jewish spiritual leaders from all denominations in a candid conversation about the why and how of prayer: how prayer changes us and how to discern a response from God. In this fascinating forum, they share the challenges of prayer, what it means to pray, how to develop your own personal prayer voice, and how to rediscover meaning and God’s presence in the traditional Jewish prayer book.

### CONTRIBUTORS:

Rabbi Bradley Shavit Artson • Rabbi Aryeh Ben David • Rabbi Anne Brener, LCSW • Rabbi Sharon Brous • Maggid Yitzhak Buxbaum • Rabbi Mike Comins • Rabbi Elliot J. Cosgrove, PhD • Rabbi Lavey Derby • Cantor Ellen Dreskin • Rabbi Diane Elliot • Reb Mimi Feigelson • Rabbi Tirzah Firestone • Rabbi Nancy Flam • Rabbi Karen Fox, DD • Dr. Tamar Frankiel • Rabbi Ethan Franzel • Rabbi Elyse Frishman • Rabbi Laura Geller • Rabbi Neil Gillman, PhD • Rabbi Shefa Gold • Rabbi Elyse Goldstein • Joel Lurie Grishaver • Rabbi Nadya Gross • Rabbi Jill Hammer, PhD • Melila Hellner-Eshed, PhD • Rabbi Lawrence A. Hoffman, PhD • Rabbi David Ingber • Rabbi Zoë Klein • Rabbi Myriam Klotz • Rabbi Jamie Korngold • Rabbi Lawrence Kushner • Rabbi Naomi Levy • Rabbi Richard N. Levy, DD • Rabbi Sheryl Lewart • Jay Michaelson • Rabbi Linda Motzkin • Rabbi Debra Orenstein • Rabbi Nehemia Polen, PhD • Rabbi Marcia Prager • Rabbi Jeff Roth • Rabbi Zalman M. Schachter-Shalomi • Rabbi Rami Shapiro • Rabbi Jonathan P. Slater • Rabbi Elie Kaplan Spitz • Rabbi Ira Stone • Rabbi Michael Strassfeld • Dr. Linda Thal • Rabbi Abraham Twerski, MD • Rabbi Sheila Peltz Weinberg • Rabbi Zari M. Weiss • Rabbi David J. Wolpe • Rabbi Shawn Zevit

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