

Pineal Gland & Third Eye: Proven Methods to Develop Your Higher Self

Dr. Jill Ammon-Wexler



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#1 Amazon Bestseller in Mysticism and ESP since July 2012!Do you want direct experience of higher states of consciousness? You need to read this book...

Why open your third eye? Mystics, philosophers, religious teachers and shaman throughout time tell us the third eye is the gateway to our higher self and deeper life meaning.

A complete guide to step-by-step methods, *Pineal Gland & Third Eye* de-mystifies the third eye and explains its true nature in the brain as the pineal gland. The book reveals 15 proven-effective step-by-step methods to activate your pineal gland, open your third eye, and even how to restore health to your pineal gland. The author even guides you to a great 9-minute video that gives you a direct experience of exactly how it feels when you open your third eye to develop your higher self. Major research studies are explored that prove at least 85% of us are capable of exciting higher self and 3rd eye experiences.

The author, Dr. Jill Ammon-Wexler, is a 45-year pioneer mind/brain and consciousness researcher, doctor of psychology, and metaphysician with a passionate interest in parapsychology and "higher self" states of consciousness.

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