

Graham Kerr's Simply Splenda Cookbook: Recipes for Everything from Jam and Pickles to Cakes and Pies

Graham Kerr



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Cooking with Splenda® made easy ... eating made healthier

Splenda is today's artificial sweetener of choice because it tastes more like real sugar yet doesn't have the calories or carbohydrates. But, cooking with it may not be easy for many people. That all changes with this cookbook!

It contains an array of recipes for breakfast to dinner and dessert in which Splenda® can be used to satisfy a sweet tooth and a hearty appetite. *Graham Kerr's Simply Splendid Cookbook* may make it easier for people to lose weight and keep it off and to get better control of their diabetes.

Recipes include:

- Carrot Cake
- Roasted Vegetable Lasagna
- Sweet Sour Red Cabbage Casserole with Pork Tenderloin
- Almond Macaroons
- Chocolate Cookies
- Marbled Cheese Cake Brownies
- And more

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Richard Bentley:

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Henry Perry:

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