



Pathological Gambling: Etiology, Comorbidity, and Treatment

Nancy M. Petry

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Pathological Gambling: Etiology, Comorbidity, and Treatment examines the prevalence and consequences of problem gambling as well as approaches to treatment. In this comprehensive book, Petry clarifies the current understanding of gambling as a disorder, including its levels of intensity; possible origins in biological, neurological, developmental, and environmental spheres; and special issues surrounding populations that seem to be more susceptible to problem gambling, including youth, ethnic minorities, and those with comorbid affective disorders such as depression.

The author reviews treatments commonly used for pathological gambling as well as nonprofessionally guided interventions such as Gamblers Anonymous. Petry then presents her own brief cognitive-behavioral approach, whose success is empirically proven in the largest known study of psychosocial treatments of problem gamblers.

This book represents a review of everything currently known about problem gambling as well as promising treatment approaches, making it an invaluable, comprehensive resource for both therapists and researchers in the field of pathological gambling.

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