



In the Footsteps of Sheep: Tales of a Journey Through Scotland, Walking, Spinning, and Knitting Socks

Debbie Zawinski

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In the Footsteps of Sheep details the completion of a mission the author, a Welsh-born Scot, set for herself: to travel and camp throughout Scotland, find cast off tufts of wool from 10 Scottish sheep breeds, then spin the wool on her spinning stick while walking (or waiting for ferries), and finally design and knit one pair of socks to represent each breed...all the while writing about her adventures and taking plenty of photographs. Debbie has written beautifully about her journey; the hills, shorelines, and bogs explored; the sheep and people she met along the way; weather both foul and fair, and a particularly exciting chapter about the intriguing St Kilda archipelago and its feral Soay and Boreray sheep. The eleven sock patterns, one at the end of each chapter, are a bonus and, for those of us unable to gather and spin our own fleece, all were test-knitted with commercial wool. The designs are knitted from top to toe with different motifs, among them color-patterns, cables, spirals, stripes, Kilt Hose with top-turnovers, and a pair of baby booties.

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