



# **Living in the Light, 25th Anniversary Edition: Follow Your Inner Guidance to Create a New Life and a New World**

*Shakti Gawain*

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# Living in the Light, 25th Anniversary Edition: Follow Your Inner Guidance to Create a New Life and a New World

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Personal growth pioneer Shakti Gawain has been mentoring readers toward optimal living for three decades. Her books are ever-vital classics that not only broke ground for peers such as Eckhart Tolle, Marianne Williamson, Deepak Chopra, Wayne Dyer, and Don Miguel Ruiz but continue to empower succeeding generations of seekers and teachers. Here, with her trademark insight and accessibility, Gawain highlights the transformative power of bringing the light of awareness to every aspect of the self — intuitive wisdom and rationality, power and vulnerability, peacemaker and warrior. Exercises on subjects including creativity, the world as mirror, relationships, parenting, money, health, and transforming the world help readers put Gawain's teachings to personal, practical use. Together they compose a comprehensive map to growth, fulfillment, and heightened consciousness. Today, as people grapple with personal, national, and global challenges on many fronts, *Living in the Light* is timelier than ever — for both longtime fans and first-time readers.

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