



Mental Health and Spirituality in Later Life

Elizabeth MacKinlay

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Explore pastoral strategies for dealing with mental health problems!

Mental health is increasingly being recognized as an important issue in later life. This valuable book will help you examine this dimension of aging in the context of pastoral, spiritual, and cultural issues. It explores the relationship between mental health, spirituality, and religion in later life, including the search for meaning, cultural issues, spiritual issues, depression, dementia, and issues of suicide in older people. The first part of *Mental Health and Spirituality in Later Life* focuses on theology, ethics, and cultural issues in mental health and aging. The second part addresses issues of multidisciplinary practice, including a challenging chapter written by a woman with early onset dementia (Alzheimer's) and other chapters that present perspectives on the uses and meanings of ritual and symbolism in mental health and pastoral approaches to care.

Part one of *Mental Health and Spirituality in Later Life* deals with issues of theology, culture, and mental health in later life, focusing on:

- the importance of a richly textured understanding of personhood as a prerequisite for constructing a picture of late-life mental health in the context of theology
- the relationship between culture, spirituality, and meaning for older immigrants—and their effects on mental health
- the adverse effects of a mental health system that reflects only the dominant culture of a society, leaving minority cultures vulnerable to misdiagnosis and inappropriate treatments that can do more harm than good
- a wholistic picture of aging that moves beyond the biomedical paradigm and demonstrates the power and potential of the human spirit in adjusting to and moving beyond suffering

Part two of this valuable book addresses issues of concern to practitioners in mental health and spirituality for the aging, including:

- disruptive behavior among nursing home residents and common practices that fail to identify its causes or address the problem
- how some staff/resident interactions can produce suffering for all concerned—with case study outlines that illustrate the point
- memory loss and its effect on spirituality, self-worth, and the faith community
- pastoral care for people suffering with dementia—with practical information on helping them to make use of the power of prayer and to deal with loneliness, fear, and disempowerment
- an insightful look at a recent major study of residents in aged care facilities in Australia that explores the link between depression and spirituality
- risk and protective factors associated with suicide in later life and the treatment of depression
- pastoral interventions for depression and dementia

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Kristen Zamora:

Spent a free time to be fun activity to accomplish! A lot of people spent their spare time with their family, or all their friends. Usually they carrying out activity like watching television, gonna beach, or picnic within the park. They actually doing same thing every week. Do you feel it? Do you want to something different to fill your own free time/ holiday? Might be reading a book may be option to fill your totally free time/ holiday. The first thing you will ask may be what kinds of publication that you should read. If you want to test look for book, may be the publication untitled Mental Health and Spirituality in Later Life can be excellent book to read. May be it can be best activity to you.

William Kirby:

Reading can called imagination hangout, why? Because if you find yourself reading a book specifically book entitled Mental Health and Spirituality in Later Life your thoughts will drift away trough every dimension, wandering in every single aspect that maybe not known for but surely might be your mind friends. Imaging just about every word written in a reserve then become one application form conclusion and explanation which maybe you never get before. The Mental Health and Spirituality in Later Life giving you a different experience more than blown away your thoughts but also giving you useful facts for your better life within this era. So now let us present to you the relaxing pattern here is your body and mind will likely be pleased when you are finished looking at it, like winning a game. Do you want to try this extraordinary paying spare time activity?

Jesse Ward:

In this age globalization it is important to someone to get information. The information will make anyone to understand the condition of the world. The healthiness of the world makes the information quicker to share. You can find a lot of references to get information example: internet, classifieds, book, and soon. You will observe that now, a lot of publisher that print many kinds of book. Typically the book that recommended to you is Mental Health and Spirituality in Later Life this reserve consist a lot of the information on the condition of this world now. This particular book was represented so why is the world has grown up. The terminology styles that writer value to explain it is easy to understand. Often the writer made some research when he makes this book. That's why this book suited all of you.

Paul Breen:

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