

Girl World: How to Ditch the Drama and Find Your Inner Amazing

Patricia Ottaviano



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Mean stares. Hurtful whispers. The cold shoulder. Being a girl is harder than it looks. In a world where gossip, drama, and rumors seem to be never ending, it's not easy to navigate the halls of middle school or high school without earning a few battle scars.

But what if you could change all that? With practical advice for how to fearlessly stand your ground, hold your own, and dictate your own happiness, Girl World will help you move beyond the bad attitudes and transform your insecurities into strengths. From friendship conflicts to the ugly side to social media, learn how to ditch the drama and kick your inner critic to the curb so you can truly start appreciating yourself.

Every day is a new day. Embrace it!

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