



Voices of Insight

Sharon Salzberg

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In this anthology, leading Western teachers of Buddhism share their personal experiences on the path of insight meditation; their understanding of the basic teachings of the Buddha; the lessons they've learned in their training with their own teachers; and some good advice on following the Buddha Dharma in everyday situations of work, family, and service.

Contributors
include:

- Jack
Kornfield
- Sharon
Salzberg
- Larry
Rosenberg
- Sylvia
Boorstein
- Christopher
Titmuss
- Joseph
Goldstein
- Steve
Armstrong
- Narayan
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- Bhante
Gunaratana
- Gavin
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