



Encouragement Makes Good Things Happen

Theo Schoenaker

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Available in English for the first time, Encouragement Makes Good Things Happen is a translation of the bestselling German book Mut Tut Gut. It describes a courageous and encouraging style of living and focuses on the belief that human encouragement is the most important natural ingredient for the healthy development of human beings. Written in an engaging and conversational tone, the book first explores the negative consequences of discouragement on the individual and on society as a whole. It then discusses what encouragement is, why it is important in people's lives, and how a person can encourage both himself and others. Several exercises are also included to help guide readers in the encouragement of others. Mental health practitioners of all disciplines and in any setting will find that both they are their clients will benefit from the insights garnered and tested by the author of this engaging and compelling book.



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