



# **Finding Authentic Hope and Wholeness: 5 Questions That Will Change Your Life**

*Dr. Kathy Koch*

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Your mother always said that you would never amount to much. Or perhaps a teacher asked you to help her because you were just so good at (fill in the blank). Those early messages about our intelligence and worth affect our lives forever ... or do they? How do we find authentic hope and wholeness based on truth, reality, and God's view? Dr. Kathy Koch draws on decades of seminars and workshops geared to the educational community. She knows the right questions to ask. She also knows that intelligence and worth take different forms in each of us. Readers of all ages and stages will benefit from the life-changing wisdom contained in *Finding Authentic Hope and Wholeness*.

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