



Winning Basketball Fundamentals: Enhanced Edition

Lee Rose

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Coach Lee Rose has developed hundreds of players at the high school, collegiate, and professional levels throughout his 50-year coaching career. His coaching resume includes trips to the NCAA Final Four with two different schools, a feat he shares with only a small group of elite coaches: Roy Williams, John Calipari, Rick Pitino, Bob Huggins, Lute Olson, Larry Brown, Eddie Sutton, and Lou Henson. After his collegiate coaching career, Rose coached with five NBA teams: San Antonio Spurs, New Jersey Nets, Milwaukee Bucks, Charlotte Hornets, and Charlotte Bobcats. And because of his superb teaching and organizational abilities, the NBA chose Rose to conduct its annual pre-draft camp for several years. Coach Rose continues to share his knowledge of the game in Winning Basketball Fundamentals: Enhanced Edition. This comprehensive resource offers players and coaches keen tactical insights and options, detailed technical instruction, and the best drills to refine individual and team execution on the court. Five of the most popular offensive systems are covered: Triangle, LA, Flex, Dribble Drive, and Motion. Winning Basketball Fundamental: Enhanced Edition includes nine clips of offensive plays/systems and is compatible with iOS devices - iPhone, iPad, and iPod Touch - using the Kindle app. On the defensive side, Rose presents manto-man and zone attacks and strategies for using them to stop opponents. These tactics require an array of skills, and he teaches each of them in detail through the use of the most effective drills. A special feature of the book is a complete chapter devoted to Coach Rose's player Performance Rating System (PRS). The PRS tool evaluates players' total game and identifies individual strengths and deficiencies as well as which players are making the most positive impact on the team. In Winning Basketball Fundamentals: Enhanced Edition, players and coaches have a proven formula for playing hard, smart, and together all the way to the top.



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