



# Trastorno de identidad disociativo o personalidad múltiple (Psicología) (Spanish Edition)

*Anabel González, Dolores Mosquera*

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En los últimos años se ha puesto en evidencia la acusada frecuencia con que se presentan los cuadros de trastorno de identidad disociativo o trastorno de personalidad múltiple, que normalmente vienen acompañados de muy diversos síntomas y con muy distintos aspectos. También se ha mostrado en numerosas investigaciones que esta sintomatología correlaciona con antecedentes traumáticos graves, tempranos y generalmente vinculados a disfunciones de apego con los cuidadores primarios o traumatización intrafamiliar severa.

En este libro se recorre la historia del trastorno, se ayuda al lector a entender la sintomatología disociativa, a aprender a detectarla y a comprender cómo se genera a partir de las experiencias vitales adversas. También se ilustra a partir de varios casos la exploración y el tratamiento de estos cuadros.

*Anabel González* es psiquiatra y psicoterapeuta. Es vicepresidenta de la Asociación EMDR España y miembro de la directiva de la Asociación Europea de Trauma y Disociación (ESTD).

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