



Change Your Child's Behaviour

Anchen Witthuhn

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Change Your Child's Behaviour is more than just a do-it-yourself guide to the often fraught business of dealing with what society in general would define as naughty or difficult behaviour from children. In accessible, non-judgemental and jargon-free terms, Anchen Witthuhn sympathetically examines the reasons why little ones or preteens may exhibit a variety of challenging behaviours either at school, in the home or in their daily interactions with others. Dealing head-on with sensitive issues such as discipline, anger management, exposure to inappropriate electronic media and the continuous need for firm, gentle and positive reinforcement, the book goes to the root of the problem. Through a practical, structured individual programme of daily messages, relaxation techniques, feedback and appropriate material, Change Your Child's Behaviour provides sensible and stress-free solutions to a range of widely experienced problems.

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